

# Dolphin House

COMMUNITY CENTRE

# Newsletter

## Regeneration Update



### Phase I

The 100 units in Phase I are very close to completion. There has been a slight delay due essential works by ESB Networks. Dublin City Council expects the site to be handed over by Purcell Construction in the next few weeks. Residents who moved out to facilitate the regeneration in Phase I, those with a letter of comfort, will move back first with surplus units being used to de-tenant Phase II. The City Council in consultation with the Dolphin House & Park Joint Regeneration Board have put in place a process for allocating the these units. Dublin City Council will hold a series of information meetings for all tenants in advance of them moving into the new houses and apartments.

### Phase II

Dublin City Council architects are currently working on design proposals for Phase II. A consultation process with residents living in the Phase II blocks will take place in the coming weeks once draft plans are finalised.

### Community Facilities

The Joint Regeneration Board and the Community Development Association are working with the City Council to progress plans for a new community centre and outdoor play facilities.

### Replacement of Ramps

Dublin City Council will shortly be replacing the speed ramps on the estate.

For more information about the Regeneration plans contact the Regeneration Worker (Manus Bree) in the Community Centre - Tel. 4544686 - Email. manus.bree@barnardos.ie

### C.E Scheme

There are positions available in the Dolphin House Community Employment Scheme .

If you are interested in applying please contact the Local Employment Service (01-4540935) or call into the centre and talk to Veronica or Marian.

### DCC Rent Officer

The Dublin City Council rent officer (Suzanne Scott) has a weekly clinic in the local estate office (213 Dolphin House) at 9.30am Wednesday mornings to discuss any issues residents have relating to rent.

### D8 Men's Shed

6 Week Healthy Food Made Easy cooking & nutrition course for men starting late September. Book a place with Gary in the Men's Shed or call 087 273 0828.

D8 Men's Shed is open Mondays to Friday 10am to 1.30pm if you want to call in for a cup of tea and a chat. The members have been on many day trips with more planned so call in to book your place on the next one



**Tuesdays:** Bowls with tea & biscuits 1pm to 3pm in St. Catherine's Sports Centre, Marrowbone Lane

**Wednesdays:** Breakfast, pool & gardening from 10am to 1pm in St. Andrew's Community Centre

**Thursdays:** Breakfast, Pool & Darts from 9.30am in Dolphin House Community Centre

**Fridays:** Rowing at 2pm, meet at the Men's Shed at 1.15pm.

Call Gary on 087 -273 0828 for more information.



All of us in Dolphin Crèche want to wish all our graduates who have started 'Big School' the very best. All parents should be very proud of their children making the move. Looking forward to them calling in and showing off their new uniforms!!

Back to normal here in the crèche, welcoming new children and families. We still have places available for children from 18mths to 5 years of age. We have free pre-school places for the ECCE scheme and reduces cost places for families who meet the criteria.

Please contact the crèche at 4738079 or call in to Aileen at 311 Dolphin House for a look around and more information.

### We Can Quit

FREE 12 week stop smoking programme for women, offering group support, one to one support and free patches or other Nicotine Replacement Therapy. Tuesday evenings at 7pm from September 25<sup>th</sup> in Dolphin House Community Centre. Call Lisa on 01 4544682 or 01 4716723, call into the centre and leave your name and number or register online on [www.cancer.ie/we-can-quit](http://www.cancer.ie/we-can-quit).



**We Can Quit**  
Women supporting women to stop smoking





## See what's happening at your local library

*Dolphins Barn Library offers free membership which will allow you to borrow books, access online material and public computer. Just bring your ID and a proof of address to join.*

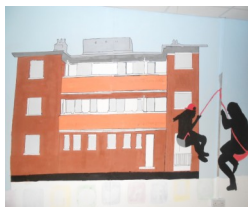
\*You can visit Dolphin's Barn Library with your toddler to take part in storytelling and nursery rhymes singing. The toddler group takes place every Tuesday at 10.30am.

\*If you would like your child to speak a foreign language, you might want to join a Language Adventures programme taking place on every second Saturday. The first language to be explored through stories and songs in Italian.

\*The library has a talk on the history behind Dublin place names on Wednesday, September 26th at 6.30 pm.

\*The library will host an interesting talk entitled: The Republic of Ireland and the sixties: Youth and social change on 3 October @ 6:30 pm.

Dolphin's Barn Library is located on Parnell Road. (Next to the Fire Station). Please contact the library for bookings and more information. Their phone number is 01 4540681.



## Remember Dolphin House Day

A community event will take place in November to remember the history and life in Dolphin House. We are looking for current and past residents to come along and bring something that tells a story about Dolphin.... photos, memories, pictures, sporting memorabilia, toys, ornaments etc. With your help and permission we would like to photograph any items and record any stories you share it with us.

By participating, you will be contributing in a very real way to the recording the history and memories of Dolphin House for future generations.



## Education and Family Project

*Supporting parents Living In the Canal Communities, Bluebell, Inchicore & Rialto*

Are you having difficulties around your child's education?

- What do you need to support your child's education?
- What options are available to me and my child?
- Special education needs.
- Child at risk of being put out of school
- Are drugs, alcohol or mental health issues part of the problem?
- Finding the right school for my child.
- What to say at meetings about my child's education?



The Education and family Project can help by providing practical supports to parents.

Contact Natasha on 085-194-5399 or

Imelda on 087-168-7389

## Dolphin Park

Dolphin Park provides services to residents in Dolphin House & Dolphin Park over 55 years .

**Meals Service :** Two course nutritious meal (main course and dessert) is provided on Monday/ Tuesday/Wednesday/Thursday and 2 meals on Friday (for Friday and Saturday). Residents can have meals on all of these days or can take meals on individual days according to their requirements.

**Laundry Service :** Bag of Laundry (Washed & dried) is €4 .The service can also dry clothes that have been washed for €3 a bag.

**Please contact the Deputy Manager Celine Graham @ 086-0416830 if you wish to avail of our services or if you are interested in the activities and events.**

## Social Inclusion & Community Activation Programme Free training for Jobseekers

### Enterprise Workshops

**Entrepreneurial Skills - Goal setting**

**Business Planning**

**Market Research- Marketing and Branding**

**Tax Assessment- Bookkeeping Seminar**

This package of courses will take place in October 2018. All courses can be taken as a package or individually. They will be delivered in a convenient location in Dublin 6, 8 or 12.

Registration in advance is required for this course. For more information and registration, please contact

Lynda 086-1303079 [lbutter@dscp.ie](mailto:lbutter@dscp.ie)  
Louise 086-1303080 [ldunne@dscp.ie](mailto:ldunne@dscp.ie)  
Keith 086 - 1303081 [kcoburn@dscp.ie](mailto:kcoburn@dscp.ie)

## Social Enterprise Training Workshop

One day workshop organised and funded by  
Dublin South City Partnership

**3rd October 2018**

**10.00 am—4.00pm**

**St John Bosco Youth Centre,  
Davitt Road, Drimnagh**

Registration in advance is required for this course.

For more information and registration, please contact:

Lynda 086-1303079 [lbutter@dscp.ie](mailto:lbutter@dscp.ie)

Louise 086-1303080 [ldunne@dscp.ie](mailto:ldunne@dscp.ie)

Keith 086 - 1303081 [kcoburn@dscp.ie](mailto:kcoburn@dscp.ie)

## Dates To Remember

### We can Quit

Starts 25th September

### Hospice coffee Morning

Thursday 20th September

### Garda Clinic

Wednesday 19th 11.30-12.30



## Health Project

### Community Knitting Group

Every Wednesday @ 7.00pm – 9.00pm. Contact Susan at 086 0493410

### Community Breakfast

9.30am – 11.00am every Thursday. Free of charge.

### Seniors Art and Crafts

Weekly art and craft course in Dolphin Park.

### Self Defence

Date to be confirmed. Dates will be announced on the Dolphin House Community Centre Facebook page.

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**Anyone interested in these classes or services please contact Susan or Vera on 01-4544682 or 086-0493410.**

## Community and Adult Education

Would you like to improve your reading, spelling or maths? Call Gwen on 454 7054 for information.

